No Testimony Without a Test

September 16, 2019 By Avie Barron

One day you will tell your story of how you've overcome what you're going through now…and it will become part of someone else's survival guide. —Unknown

Read that again, and again, and one more time — until it settles and burrows into your mind. I had cancer, but I beat it, and then I continue to slap it in the face by getting stronger than I was three years ago — in more ways than one.

Cancer tried to strip me of my glass-is-not-empty-there's-just-more-room-for-Dr.Pepper attitude. It tried to force me down and leave me beaten…but this girl fights — and this girl fights HARD.

I know who I am because I know He knows me.

So thank you, George, for coming into our lives unannounced like a bull in a china shop trying to break everything in sight…because if it hadn't been for you, I wouldn't be the me I am today…I've been introduced to so many new people, been to more places, and had doors opened for me because of you, cancer…I love harder, I breathe easier, I laugh louder and I choose to turn that test into my testimony.

Thank you Cancer Health magazine for giving me a chance to share a little piece of my story. Read my article from the Cancer Health Fall 2019 edition here: https://www.cancerhealth.com/article/turned-blue-last-night-avie-barron

I have lots more to write and lots more to say….so if you want to keep on following my story, stay tuned…

This post originally appeared on Breathing Again. It is republished with permission.

© 2026 Smart + Strong All Rights Reserved.