

# Let's Talk About Boobs, Baby, Let's Talk About Mastectomy... [VIDEO]

November 17, 2017 By [Lisa Vento Nielsen](#)

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I was diagnosed with breast cancer at 39 years old and got a radical mastectomy of the right breast. I chose not to reconstruct - this video is all about how I use inserts to have two boobs or how to walk around with just one.

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<http://beta.docker.cancerhealth.com/blog/talk-boobs-baby-talk-mastectomy-video>