

Supermom: Telling Your Kids You Have Cancer [VIDEO]

Because cancer is something that impacts everyone in the family

July 14, 2018 By [Lisa Vento Nielsen](#)

All about telling your kids you have cancer — may you never know what it is like to see them process the information or the fear...

I cried a bit making this video — it is hard for me to know that I got sick and they got hurt because of it. Cancer is something that impacts everyone in the family.

When I had to tell my kids I had cancer, they were only 6 and 9 and I was their whole world. I cared for them exclusively and balanced my work, my small business and more but I did not do anything for ME or care much about me. If only I could have learned these lessons without getting you know the C word — but since I cannot change that, instead I just try to help others deal with it.

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.cancerhealth.com/blog/supermom-telling-kids-cancer-vlog>