

Stay in the Game: Approaching Caregiving as a Partnership

A conversation with Allison J. Applebaum, Ph.D, professor of geriatrics and palliative medicine and director of the Center for Caregiving Science at Mount Sinai Health System.

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Welcome to Stay in the Game: Conversations about Prostate Cancer with Ed Randall. Here we'll chat with doctors, researchers, medical professionals, survivors, and others to share and connect. This show was produced and shared by Fans for the Cure, a non-profit dedicated to serving men on their journeys through prostate cancer.

Dr. Allison Applebaum discusses the timely topic of care partnering with a loved one experiencing chronic illness in this National Family Caregivers Month episode. She presents key aspects of successful and balanced caregiving from her recently published book *Stand By Me: Navigating Modern, Meaningful Caregiving*, and touches on the unique challenges faced by care partners of patients on the prostate cancer journey.

To read the transcript [click here](#) and to listen to past episodes please [click here](#).

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<http://beta.docker.cancerhealth.com/blog/stay-game-approaching-caregiving-partnership>