

Prostate Cancer, Month 182 – PSMA PET Scheduled

PSMA PET is an imaging test that detects prostate cancer anywhere in the body, notably when the cancer has spread, or metastasized.

January 20, 2026 By [Dan Zeller](#)

I held off on this post until I was able to get my PSMA PET scan scheduled this week.

I had been playing phone tag with the scheduler and, when I finally got to speak with him, I learned that they normally don't schedule until 30 days in advance of the request date. Because the order for the scan said March, they weren't going to call until next month. Fortunately, because we were already on the phone, the scheduler went ahead and put me on the calendar for 4 March 2026.

That should give enough time to interpret the results before my 24 March appointment with the urologist. I'll go for a PSA test just before the scan on 2 March.

I continue with my pelvic floor physical therapy every other week. I'm not sure that it's been having an effect on my incontinence, so I'll have to ask how long it takes before I have any truly noticeable improvement.

Other than that, there's not much else to report. Just another day living with prostate cancer.

Be well.

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