

Prostate Cancer, Day 5,677 – PSA Results

Blogger Dan Zeller's PSA increased, but not as much as he expected. Here's what's next.

June 3, 2026 By [Dan Zeller](#)

I went for my PSA test this morning and already have the results this afternoon (a pleasant surprise).

My PSA increased, but not as much as I expected it to. It went from 2.52 ng/mL in March to 2.65 ng/mL today.

If I use the last five PSA values to calculate PSA doubling time going back 14 months, my PSA DT is 9.2 months. If I use the last four PSA values going back only nine months, it's 8.0 months. Again, the VA medical oncologist used the nine month PSA DT as one of the triggers to start hormone therapy.

Armed with these latest results, I should be ready for my upcoming appointments:

- Monday, 1 June – UCSD Medical oncologist
- Tuesday, 2 June – VA Medical oncologist
- Wednesday, 17 June – Bone density scan to establish baseline
- Tuesday, 23 June – VA Urologist

I definitely plan on asking the UCSD MO what his thoughts are on an Axumin scan, and whether it's worth pursuing before we start hormone therapy. If he agrees, I'll have to add that to the schedule, too.

I also had another testosterone test done to establish a baseline should I opt to start hormone therapy. It came in at 416 ng/dL (reference range 200-800 ng/dL).

Over the holiday weekend, UCSD sent an automated email asking me to complete their electronic check-in process. Sheesh. It took more than an hour of filling out forms, providing history, and updating insurance. The only thing they didn't ask for was our family cat's name from when I was five years old. Hopefully, getting all that taken care of in advance makes the appointment go more smoothly.

More to come. Be well!

[This post](#) originally appeared May 27, 2026, on [Dan's Journey Through Prostate Cancer](#). It is republished with permission.