

Month 149 – Slow Flow After Radiation for Prostate Cancer?

Blogger and prostate cancer survivor Daniel Zeller contemplates bladder issues post-radiation.

April 25, 2023 By [Dan Zeller](#)

I may be stepping into new post-radiation territory for me—emphasis on may. That, or it could all be in my head.

Over the two or so weeks, I've noticed that when I go to empty my bladder, there are times where my urine flow seems to be a tiny bit slower and weaker than it was not too long ago. The engineer in me really wants a quantitative way to measure it to confirm whether or not my mind is playing tricks on me, but that isn't going to happen.

Fortunately, there is no pain when urinating or blood in the urine, nor are there any issues with intermittent flow.

I'm hoping that this isn't an early sign of radiation-induced strictures that are starting to form that have to be dealt with at some point in the future.

On the plus side of things, my frequency of needing to run to the bathroom is down considerably, especially at night. I can make it through most nights without having to run to the toilet more than once, if at all. But that means that my bladder is full in the morning, and the flow coming out on that initial morning pee isn't as "fast and furious" as it was a few weeks ago.

I'm still waiting to hear from the radiation oncologist's office concerning my six-month follow-up appointment which, should happen in May. I do have an appointment with the VA urologist on 30 May, and I may try to get another PSA test done before then.

Other than that, not much else to report this month. Be well!

[This post](#) originally appeared April 11, 2023, on [Dan's Journey Through Prostate Cancer](#). It is republished with permission.
