

# Inside My Head, Now on YouTube [VIDEO]

Watch the one-hour talk on importance of community, relationships, and vulnerability when facing a devastating medical diagnosis.

March 8, 2017 By [Adam Hayden](#)

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On May 13, 2016, Adam was ordered to a “stat” MRI by his primary care provider. The scan revealed a 71mm primary brain tumor that would be diagnosed as glioblastoma multiforme (GBM), a deadly and aggressive brain cancer. In this talk Adam shares his journey (so far) with GBM, and he highlights lessons that are applicable to everyone.

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<http://beta.docker.cancerhealth.com/blog/inside-head-now-youtube-video>