

Day 4,192 – Eligard Injection

As you all know, I've anguished over the decision to move forward with androgen deprivation therapy (ADT) for a while now.

May 6, 2022 By [Daniel Zeller](#)

This morning was not fun at all.

I checked in at 7:30 a.m. for my 8 a.m. appointment and was a bit nervous but doing generally okay. But around 8:05 a.m., the nurse came out and said, "I know you're here for some medication, but the doctor forgot to enter the order for it to be administered into your record. We're trying to track her down now and we're not sure how long it will take."

Needless to say, I was not a happy camper.

About 8:45 a.m., the nurse came back out to the waiting area for another patient, and I interrupted and asked him the status of tracking down the doctor. "Oh. We haven't found her yet. We're trying to contact any doctor but most don't come in until after 9 a.m."

Still not a happy camper.

As you all know, I've anguished over the decision to move forward with androgen deprivation therapy (ADT) for a while now. Once you make that decision, you want to move forward with it and psychologically prepare yourself for the event. When you're given an extra hour and a half, your mind begins to race and to question whether to move forward with this essentially irreversible procedure. At least that's what my mind did. Call me silly.

The injection itself went well. In fact, it was not much worse than getting my second COVID booster shot last week (or any vaccination). It's been about three hours since the injection, and the injection site isn't even sore. It was pretty much a non-event. Time will tell what other side effects will kick in, and how severe they may be.

Well, the stress from this morning has worn me out. Time for a little nap.

More to come, I'm sure.

Be well!

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