Day 2,948 — PSA Results

I've got some serious thinking to do in the weeks ahead.

December 6, 2018 By Dan Zeller

My slight sense of optimism that I gained after my last consistent PSA result was shattered at four o'clock this morning when I hopped online in a fit of insomnia to check my PSA test results from this week. I'm back on the upward climb again with a PSA of 0.13 ng/ml.

My spiffy spreadsheet predicted a value of 0.129 ng/ml, so it wasn't unexpected. Just my hope for a more stable PSA went out the window.

Obviously, I've got some serious thinking to do in the weeks ahead.

The predictive part of my spreadsheet shows the increase will continue at a rate of about 0.011 ng/ml every four months. In April, I would be at 0.140 and in August at 0.151. Is that rate slow enough to delay any decision about salvage radiation therapy a while longer? I don't know.

Do I get involved with the imaging trial at UCLA to see if we can determine where the cancer is before undergoing salvage radiation therapy? I don't know.

Or do I just say screw it and start the salvage radiation therapy in early 2019? I don't know.

Stay tuned for the answers. That, or for pictures of ostriches with their heads buried in the sand.

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