

We All Bleed Red

I found this saying, “Before you speak...THINK! (T, is it true, H, is it helpful, I, is it inspiring, N, is it necessary, K, is it kind?)”

June 23, 2020 By [Megan-Claire Chase](#)

My right hand is currently inflamed and burning, so typing is hard at the moment. I decided to take this opportunity to record a message for you instead. So, here is a short message from me on what I’m thinking about right at this moment.

Until next time,

Warrior Megsie

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<http://beta.docker.cancerhealth.com/blog/bleed-red>