

Adam Hayden, Brain Cancer Advocate and Cancer Health Blogger, Dies at 43

Diagnosed with glioblastoma in 2016, Adam Hayden wrote not just about brain cancer but also palliative care, advocacy, family and philosophy.

January 9, 2026 By [Adam Hayden](#)

Editor's note: The below message was posted January 3, 2026, on Adam Hayden's blog, [Glioblastology](#). Over the years, Adam generously shared numerous musings about his brain cancer experiences via the Cancer Health blogs and in our print magazine. You can revisit a [collection of his blogs on our site here](#), and we recommend [reading his obituary](#) to learn more of Adam's inspiring life. We will miss his thoughtful and unique insights, and we send condolences to his family and the community of advocates and readers whose lives he enriched.

Dear readers of Adam's writing,

If you have not already heard the news, Adam passed away peacefully at home on December 20, 2025.

One of his greatest joys in life was writing and we all know he was a naturally gifted writer. I was often in awe of the words that he could so eloquently put onto a page even with a hole in his brain post resection and especially when 2 new tumors formed around that hole in this last year.

I will be pausing the subscriptions as of today but know that I will get Adam's book published at some point in the near future as that was his wish. Stay tuned for updates.

Thank you for supporting him over the years. He was so proud of his work.

And I am so very proud to be his wife.

[Obituary for Adam Hayden](#)

There will also be a public visitation on January 31st, 10am-12pm at Friedens United Church of Christ in Indianapolis.

You can share memories of Adam on his [Kudoboard](#) here.

Sincerely,

Whitney (Adam's wife) and the #haydenhooligans

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<http://beta.docker.cancerhealth.com/blog/adam-hayden-brain-cancer-advocate-cancer-health-blogger-dies-43>