30 Days of Gratitude Challenge Day 30 — Doing This Challenge...

Writing this daily blog post about my gratitude kickstarted me back into being active in my nonprofit and getting new projects underway!

December 4, 2018 By Lisa Vento Nielsen

I had hit a wall in around September and did not see any way around it or under it or through it (to mimic the children's story We're Going on a Bear Hunt...). I had stopped writing and working on my initiatives and just well everything. I was focusing instead on other aspects of my life — though all good, not the ones that necessarily do enough to keep me on my toes and engaged...

Well, we all need downtime, but for me it was getting to be too much... Writing this daily blog post about my gratitude kickstarted me back into being active in my nonprofit and getting various exciting initiatives and partnerships underway!

I am so grateful to be both alive and energized again to write, to share and to do what I can for others who have to learn how to deal with life after / during and with a cancer diagnosis. Thank you, gratitude challenge!

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