Resources

Breast Cancer Support Groups

Whether in person, online or over the phone, talking with other people who've shared your experience with breast cancer can make all the difference in the world.

American Cancer Society

Phone: 800-227-2345

ACR's Reach to Recovery program matches people with breast cancer—from the newly diagnosed to those in remission—with trained volunteers to give information and support on the phone or in person.

Beyond the Pink Moon

A private Facebook group for people affected by breast cancer and ovarian cancer, Beyond the Pink Moon has over 7,000 members worldwide.

Beyond the Shock

Twitter: @NBCF

Created by the National Breast Cancer Foundation, Beyond the Shock has an online forum and an iOS app.

Breast Cancer Action

Email: info@bcaction.org

Twitter: @BCAction

Phone: 877-278-6722

BCAction's Information & Resource Service helps people understand their breast cancer diagnosis, treatment options and the latest scientific studies.

BreastCancer.org

Twitter: @Breastcancerorg

People affected by breast cancer can support, encourage and commiserate with one another in the online community and discussion boards.

Cancer Support Community

Phone: 888-793-9355

CSC offers in-person support groups, educational sessions, health and wellness programs, and a private social media platform.

Cancer*Care*

Twitter: @CancerCare

Phone: 800-813-4673

Cancer*Care* has online support groups for people with metastatic and triple-negative breast cancer. It also offers a 12-week phone support group for men with breast cancer.

Living Beyond Breast Cancer

Twitter: @LivingBeyondBC

Phone: 888-753-5222

A radiation oncologist founded LBBC in 1991. It offers in-person, online and phone programs and services for people affected by breast cancer and hosts an annual conference.

Metastatic Breast Cancer Network

Email: mbcn@mbcn.org

Twitter: @MBCNbuzz

Phone: 888-500-0370

MBCN, founded in 2004 by two women with advanced breast cancer, maintains a member-created database of online and in-person support groups across the United States and Canada for people with Stage IV breast cancer.

SHARE Cancer Support

Twitter: @SHAREing

Phone: 844-275-7427

People affected by breast and ovarian cancer can talk with a survivor or a caregiver on one of SHARE's help lines—for breast cancer, ovarian cancer, caregivers and Spanish speakers—or join a telephone support group.

Support Connection

Twitter: @SupportConnect

Phone: 800-532-4290

Those living with breast or ovarian cancer can be matched with a trained cancer survivor counselor for emotional, social and educational support by phone. Phone and in-person support groups are available too.

Triple Negative Breast Cancer Foundation

Email: TNBCHelpline@cancercare.org

Twitter: @TNBCFoundation

Phone: 877-880-8622

Speak with a trained social worker on the helpline and find out about local counseling and support groups. TNBC also has an online forum.

Young Survival Coalition

Email: resourcelink@youngsurvival.org

Twitter: @YSCBuzz

Phone: 877-972-1011

YSC's Face 2 Face networks provide in-person connection for young women with breast cancer. YSC also offers peer-to-peer telephone counseling and hosts online support groups that include discussion boards, video support groups and a private Facebook group.

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