

Summer Lovin' — Good Stuff for the Cancer Community

Have yourself a blast with sun-safe clothing, plant-based skin care and fundraising eyewear. Plus: Cancer-themed beach reads!

June 9, 2025 By Laura Schmidt

The women-owned and -operated natural skin care line [My Girls](#) offers chemical-free products specially formulated with sustainable plant-based ingredients to alleviate such side effects of cancer treatments as rashes, dryness and burns. [The Skin Care Comfort Gift Set](#) (\$99.99) features a facial brightening serum, a barrier cream, a scar care spray, an oncologist-recommended radiation burn cream and more. Restore and smooth skin using natural ingredients, like calendula, coconut, rose, jojoba and avocado oil.

“Eve is a successful novelist who wakes up one day in a hospital bed with no memory of how she got there. Her husband, never far from her side, explains that she has had an operation to remove the large, malignant tumor growing in her brain.” This attention-grabbing blurb promotes Sophie Kinsella’s [What Does It Feel Like?](#) (\$13.99). Beloved for her bestselling rom-com novels, including *Confessions of a Shopaholic*, Kinsella disclosed last year that her real-life brain cancer diagnosis had inspired her fictional novella. The combination of cancer, resilience and comedy makes this a surprisingly good beach read.

Enjoy nature worry-free with [Outdoor Research](#)'s diverse selection of sun protection items, including UPF-rated sun hats, neck gaiters and ear bands. Embrace sunny days confidently with [ActiveIce Sun Sleeves](#) (\$35), which provide the highest sun-protective coverage via a moisture-wicking and cooling fabric. Or try [ActiveIce Sun Gloves](#) (\$30), a fingerless option featuring a grippy palm and a UPF 50-plus sun protection rating that's perfect for driving, walks and more.

Outdoor Research's ActiveIce Sun Sleeves and Sun Gloves

The perfect sunglasses make you look cool, don't drain your wallet, protect your eyes, can withstand active days outdoors and support cancer research. Thanks to its Breast Cancer Awareness Collection, [Tifosi](#) sunglasses check all the boxes. Known for affordable sports eyewear, Tifosi donates 100% of profits from the collection to the Lynn Sage Breast Cancer Foundation, a Chicago-based nonprofit that invests in early-career doctors and innovative research. Choose from five prescription-ready styles (\$25 to \$59.95).

Tifosi sunglasses

In [3rd Floor Summer: A Mother's Memoir of Her Journey Battling Cancer](#) (\$19.99), Mara Solomon chronicles her life after receiving a leukemia diagnosis, highlighting the importance of resilience and the power of community through chemotherapy, waiting on a bone marrow transplant and recovery. This memoir celebrates small wins and offers guidance to anyone seeking to understand the cancer journey for themselves or a loved one.

