How to Stand Up for Yourself

Have you ever had to stand up for yourself to get the best cancer care?

June 17, 2019 By Bob Barnett

"Have you ever had to stand up for yourself to get the best cancer care?" When we asked that question in a poll on CancerHealth.com, 65% answered "yes." It's part of our online "Special Report: Cancer and Quality of Life," which delves into obstacles that people with cancer often face—from side effects to financial burdens—and offers tips on how to better stand up for yourself. These include choosing the best cancer center, finding palliative care, getting financial help, exploring clinical trials and developing the best post-care plan. The full report is free online: cancerhealth.com/special.

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