# Say Yes to Flat Chests

Many women facing breast cancer surgery are not given the option of “going flat” or are met with pushback from their surgeons.

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A growing number of women are opting for flat closures after their mastectomies (as opposed to having breast reconstruction) and are satisfied with their decision, according to a survey in the Annals of Surgical Oncology. But many women facing breast cancer surgery are not given the option of “going flat” or are met with pushback from their surgeons. In some cases, The Washington Post reported, doctors left extra skin on patients against their wishes—just in case they changed their minds. To counter this outdated attitude, the advocacy group Flat Closure NOW aims to normalize the procedure and encourages women with flat closures to support one another and speak out.

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