New Healthy Survival Guides

A new resource for survivors helps guide life after cancer diagnosis and treatment.

March 15, 2021 By Bob Barnett

The National Comprehensive Cancer Network (NCCN) has two new free evidence-based guides for healthy living after cancer treatment: Survivorship Care for Healthy Living and Survivorship Care for Cancer-Related Late and Long-Term Effects.

“Just because initial therapy is over, doesn’t mean that it’s done,” explains Crystal Denlinger, MD, FACP, of Fox Chase Cancer Center and chair of the NCCN Guidelines Panel for Survivorship. “Treatment may end, but fatigue, neuropathy and other effects can linger. For some, cancer survivorship means long-term management as they continue to live with and through disease. These guidelines are applicable for survivors who are disease-free as well as those living with cancer. They are far-reaching across all cancer types, genders and ages.”

The books can be read online or printed by going to nccn.org/patients. You can also download a free app that includes these and all the NCCN guides at nccn.org/apps.

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http://beta.docker.cancerhealth.com/article/new-healthy-survival-guides