Kate Middleton Shares Update on Cancer Treatment

Read the statement by the Princess of Wales about her ongoing cancer treatment.

June 26, 2024 By Laura Schmidt

Kate Middleton, the Princess of Wales, provided an update on her ongoing cancer treatment via Instagram and made her first public appearance since December at King Charles III's birthday celebrations and parade, according to USA Today. She did not reveal details about the type of cancer she has.

Kate, 42, who revealed in March that she has cancer, said her treatment is going well but that she is "not out of the woods yet."

In March, the Princess of Wales revealed that she has cancer and was to start a course of preventive chemotherapy.

View this post on Instagram

A post shared by The Prince and Princess of Wales (@princeandprincessofwales)

“I am making good progress, but as anyone going through chemotherapy will know, there are good days and bad days,” Kate wrote on Instagram. “On those bad days you feel weak, tired and you have to give in to your body resting. But on the good days, when you feel stronger, you want to make the most of feeling well.”

She said she hopes to attend more public engagements this summer depending on how the upcoming weeks of treatment go.

View this post on Instagram

A post shared by The Prince and Princess of Wales (@princeandprincessofwales)

Kate, who is married to Prince William, the heir to the British throne, was diagnosed with cancer after an abdominal surgery, the details of which have not been made public.

Kate is not the only member of the royal family dealing with cancer. Earlier this year, it was announced that King Charles III, 75, Prince William's father, had been diagnosed with an undisclosed type of cancer and had started treatment. And last summer, Sarah Ferguson, 64, the Duchess of York, shared her breast cancer journey; in January, she announced that she has been diagnosed with malignant melanoma, a type of skin cancer.

Kate's full statement reads:

> I have been blown away by all the kind messages of support and encouragement over the last couple of months. It really has made the world of difference to William and me and has helped us both through some of the harder times.
>
> I am making good progress, but as anyone going through chemotherapy will know, there are good days and bad days. On those bad days you feel weak, tired and you have to give in to your body resting. But on the good days, when you feel stronger, you want to make the most of feeling well.
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> My treatment is ongoing and will be for a few more months. On the days I feel well enough, it is a joy to engage with school life, spend personal time on the things that give me energy and positivity, as well as starting to do a little work from home.
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> I'm looking forward to attending The King's Birthday Parade this weekend with my family and hope to join a few public engagements over the summer, but equally knowing I am not out of the woods yet.
>
> I am learning how to be patient, especially with uncertainty. Taking each day as it comes, listening to my body, and allowing myself to take this much needed time to heal.
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> Thank you so much for your continued understanding, and to all of you who have so bravely shared your stories with me.
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