Head to Toe

Our latest favorite products to help you look and feel your best

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Farm-to-table chef and two-time breast cancer survivor Gina Maisano founded Bétèrre Skin + Care to address skin issues related to cancer treatment. Ideal for massaging into scars, the roll-on Bétèrre Scar Serum (0.3 fl. oz., $26) blends arnica, hemp, sea buckthorn and other botanicals with vitamins C and E. The complete Bétèrre line includes cruelty-free, nontoxic face, body and hair products.



Developed by a pharmacist, Udderly Smooth moisturizers help keep your face, hands and feet smooth and soft. Udderly Smooth Extra Care 20 hand and body cream (8 oz., $15) contains 20 percent urea, which relieves dry, cracked skin on the hands and feet—a side effect of some cancer medications. In some cases, your insurance may even help pay for it.



La Roche-Posay’s Anthelios sunscreen line, recommended by thousands of dermatologists, offers formulas for all ages and skin types for year-round protection. Anthelios SPF 60 Melt-In Sunscreen Milk (5 oz., $36) provides broad-spectrum UVA and UVB water-resistant protection that’s fragrance-free, paraben-free and tested on sensitive skin.

Did you know you could bring your own examination gown to your next appointment? GetJanes offers gowns you'll actually want to wear. Janes were developed by Sharon Linder, a uterine cancer survivor who wore hers throughout treatment. Janes Women's Luxury All Purpose Gown, Plus Size All Purpose Robe and Jacks All Purpose Men's Travel & Patient Robe (all $67) were designed with coverage, comfort, warmth and durability in mind.



Caitlin Kiernan was a beauty editor at the top of her game when she was diagnosed with breast cancer. Her book Pretty Sick: The Beauty Guide for Women with Cancer is her way of “paying forward all the amazing advice, tips and tricks I received during my battle with breast cancer” that helped her keep her head up “during the darkest days of my life.” Pretty Sick (Grand Central Life & Style) is available in paperback, ebook and audiobook formats.

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