Fall Back to Care

Try soothing products that nourish and pamper.

September 14, 2020 By Kate Ferguson

Rock the Treatment specializes in creating gift boxes for men, women and children with specially selected items that help alleviate some common side effects of chemotherapy. This Large Chemo Basket for Men ($159.99) is chock-full of a variety of premium skin and oral care products for dry skin and mouth, cozy socks and a knit cap for warmth, a soothing eye pillow, hand sanitizer, puzzle books to pass the time during treatment and notecards for writing to family and friends as well as tasty, healthy and nourishing snacks.

After makeup artist Karissa Bodnar lost a friend to cancer, she founded Thrive Causemetics, a

vegan beauty brand that seeks to empower women. Each purchase helps fund in-kind donations to causes such as women fighting cancer, surviving domestic abuse or seeking a path out of homelessness. Try the Brilliant Eye Brightener ($24) to hydrate the delicate eye area and give your peepers an instant lift.

The Alra Care ChemoKit ($45) contains four full-size skin care products specifically formulated for chemo patients. Alra Therapy Lotion, Alra Mild Conditioning Shampoo, Alra Non-Metallic Deodorant and Alra All Vegetable Unscented Mild Soap are free of artificial fragrances, artificial colorants and harsh preservatives. The brand's founders include a radiation oncologist and a cosmetic chemist.

Headcovering from Headcovers Unlimited

Carol Galland launched Headcovers Unlimited after she was diagnosed with breast cancer in 1989; she survived for 20 more years. Now, her daughter, Danielle Galland-Yates, runs the business, which continues to offer people with cancer comfortable, flattering, practical and affordable wigs

(for eyebrows too!); hats, scarves ($4.99 to $45.99) and clothing; beauty products; and a slew of personal items and accessories. The brand's website also includes tips on how to manage the physical and emotional effects of cancer treatment. (For more on hair care after treatment, click here.)

About Betty’s Boob

The offbeat graphic novel About Betty’s Boob ($19.99), by Vero Cazot and Julie Rocheleau, treats readers to a light and airy depiction of the usually heavy subject of breast cancer. When the yarn’s central character, Betty, loses her left breast, her job and her boyfriend to cancer, she must grapple with a new normal. Her journey takes her through a landscape peopled with interesting characters and adventures that ultimately help Betty accept and celebrate her new body. At the same time, readers are offered a chance to reflect on how society regards women’s breasts and their experience of this cancer—and the side effects of its treatment—which strikes so directly at femininity and self-esteem.

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http://beta.docker.cancerhealth.com/article/fall-back-care