Cancer Retreats

When your life is affected by cancer—whether you're undergoing treatment, caring for someone who is or reclaiming your life as a survivor—a retreat combines natural beauty with fellowship.

March 16, 2020 By Meave Gallagher

Bluebird Cancer Retreats

Bluebird Cancer Retreats are free weekend retreats held near Holland, Michigan, that welcome people experiencing cancer, survivors, family members and caregivers.

Camp Good Days

At its upstate New York locations, Camp Good Days and Special Times hosts free weeklong summer camps for children ages 4 to 17 affected by cancer and weekend retreats for adults with cancer as well as families affected by brain tumors.

Camp Kesem

Camp Kesem's free weeklong sleepaway summer camps in 42 states host children ages 6 to 18 who have a parent or guardian with cancer. Camp typically includes sports, arts and crafts, nature exploration and activities.

Camp Mak-A-Dream

Set in Montana, Camp Mak-A-Dream offers free programs for kids, siblings, teens, families and women to enjoy the great outdoors. Programs are medically supervised, and activities are designed for anyone affected by cancer.

Camp Wieser

Though focused primarily on adults living with cancer, Camp Wieser also welcomes families to its free annual three-day getaway in California's Santa Cruz mountains.

Cancer Support Community Montana

At Mending in the Mountains, women who have experienced cancer can enjoy a free three-day retreat in Big Sky, Montana. The retreat emphasizes "self-care in survivorship" through nutrition, exercise and meditation techniques.

Harmony Hill

Harmony Hill provides free three-day retreats in Union, Washington, for people who have experienced cancer and their caregivers or significant others.

Little Pink Houses of Hope

Women and men diagnosed with breast cancer can get away for a week—either alone or with a partner or family—at one of Little Pink Houses of Hope's 20 free weeklong retreats at locations across the United States and in Costa Rica.

Reel Recovery

Men at any stage of treatment, recovery or remission are invited to one of Reel Recovery's free two-and-a-half-day retreats held around the country. Attendees go fly fishing, share their stories and receive peer support.

Send It Foundation

The Send It Foundation organizes free trips for people ages 21 to 40 who have experienced cancer. Activities include hiking, skiing and snowboarding and mostly take place in Northern California.

Strength for Life

Strength for Life hosts free wellness retreats in Hauppage, New York, for adults living with cancer. Activities include fitness classes and guest speakers to help participants relax, rejuvenate and find balance after a cancer diagnosis.

Women Beyond Cancer

All women experiencing cancer are welcome at free Women Beyond Cancer's retreats, held at Two Sisters Farm in Aiken, South Carolina. Spend time with fellow survivors, rest and relax, and enjoy communal meals.

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