

Cancer Health Spring 2024

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March 11, 2024 By [Cancer Health Staff](#)

Cover: Diagnosed with Stage IV lung cancer at age 33, Sydney Barned, MD, raises awareness for the disease. Inside: Using integrative care, such as acupuncture, yoga and cryotherapy, to ease cancer pain; how meditation helps prepare Kristin Smith Westbrook for life with metastatic breast cancer. Plus: Resources about kidney cancer

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