Breast Cancer Support Groups

Whether in person, online or over the phone, talking with other people who've shared your experience with breast cancer can make all the difference in the world.

September 17, 2018 By Meave Gallagher

Beyond the Pink Moon

facebook.com/groups/BeyondthePinkMoon

A private Facebook group for people affected by breast cancer and ovarian cancer, Beyond the Pink Moon has over 7,000 members worldwide.

Beyond the Shock

beyondtheshock.com

Created by the National Breast Cancer Foundation, Beyond the Shock has an online forum and an iPhone app.

Breast Cancer Action

bcaction.org

BCAction's Information & Resource Service helps people understand their breast cancer diagnosis, treatment options and the latest scientific studies.

BreastCancer.org

community.breastcancer.org

People affected by breast cancer can support, encourage and commiserate with one another in the online community and discussion boards.

Cancer Support Community

cancersupportcommunity.org

CSC offers in-person support groups, educational sessions, health and wellness programs, and a private social media platform.

CancerCare

cancercare.org

CancerCare has online support groups for people with metastatic and triple-negative breast cancer. It also offers a 12-week phone support group for men with breast cancer.

Living Beyond Breast Cancer

lbbc.org

A radiation oncologist founded LBBC in 1991. It offers in-person, online and phone programs and services for people affected by breast cancer and hosts an annual conference.

Metastatic Breast Cancer Network

mbcn.org

MBCN, founded in 2004 by two women with advanced breast cancer, maintains a member-created database of in-person support across the United States and Canada for people with Stage IV breast cancer.

Reach to Recovery

cancer.org/treatment/support-programs-and-services/reach-to-recovery.html

RTR matches people with breast cancer—from the newly diagnosed to those in remission—with trained volunteers to give information and support on the phone or in person.

SHARE Cancer Support

sharecancersupport.org

People affected by breast and ovarian cancer can talk with a survivor or a caregiver on one of SHARE's help lines—for breast cancer, ovarian cancer, caregivers and Spanish speakers—or join a telephone support group.

Support Connection

supportconnection.org

Those living with breast or ovarian cancer can be matched with a trained cancer survivor counselor for emotional, social and educational support by phone. Phone and in-person support groups are available too.

Triple Negative Breast Cancer Foundation

tnbcfoundation.org

Speak with a trained social worker on the help line and find out about local counseling and support groups. TNBC also has an online forum.

Young Survival Coalition

youngsurvival.org

YSC's Face 2 Face networks provide in-person connection for young women with breast cancer.

YSC also offers peer-to-peer telephone counseling and hosts online discussion boards, video support groups and a private Facebook group.

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